



2026

JANUARY



MON

TUE

WED

THU

FRI

WEEK 1

Operating Hours: 8:30AM -3:30PM, Mon. - Fri.
Lunch **MUST** be ordered by 10:00AM each day.
Please call 770-562-5565 or email
seniorcenter@templega.us


1/30 is Birthday
Celebration


1

CLOSED

2

FISH SANDWICH
FRENCH FRIES
MIX VEGETABLES
BANANA PUDDING

WEEK 2

5
CHICKEN ALFREDO
BROCCOLI
GARLIC BREAD
PEACHES

6
BAKED ZITI
CREAM CORN
SALAD
ROLL
COCONUT CAKE

7
MEATLOAF
MASHED POTATOES
SWEET PEAS
CORNBREAD
MANDARIN ORANGES

8
CHICKEN WINGS
RED BEANS
YELLOW RICE
ROLL
TROPICAL FRUIT

9
SLOPPY JOE
TATER TOTS
CARROTS
ICE CREAM

WEEK 3

12
FRIED FISH
YELLOW RICE
SPINACH
HUSH PUPPIES
CHOCOLATE CAKE

13
CHICKEN NOODLE SOUP
TUREKY & CHEESE MELT
PEACH HALF
CRACKERS
COOKIES

14
BBQ CHICKEN
COLLARD GREENS
MAC & CHEESE
CORNBREAD
PEACH COBBLER

15
BAKED MANICOTTI
SALAD
GREEN BEANS
GARLIC ROLLS
BROWNIE

16
CHEESEBURGER
ONION RINGS
PASTA SALAD
LEMON CRUNCH

WEEK 4

19
CLOSED

20
CHICKEN TENDERS
MASHED POTATOES
SWEET PEAS
ICE CREAM

21
PORK TENDERLION
FRIED SQUASH
LIMA BEANS
CORNBREAD
FRUITED JELLO

22
BEEF STEW
GREEN BEAN CASSEROLE
WHITE RICE
BISCUITS
GRAPES

23
BBQ
BRUNSWICK STEW
COLE SLAW
CRACKERS
BAKED APPLES

WEEK 5

26
PIZZA
TATER TOTS
SALAD
CHERRY COBBLER

27
CHICKEN PARM SANDWICH
POTATO SALAD
POTATO CHIPS
AMBROSIA

28
MAC AND CHEESE
TURNIP GREENS
PINTO BEANS/OKRA
CORNBREAD
PUMPKIN PIE

29
RIBS
WILD RICE
PEAS/CARROTS
ROLL
PINEAPPLES

30
HAMBURGER STEAK
BAKED POTATO
SALAD
ROLL
